

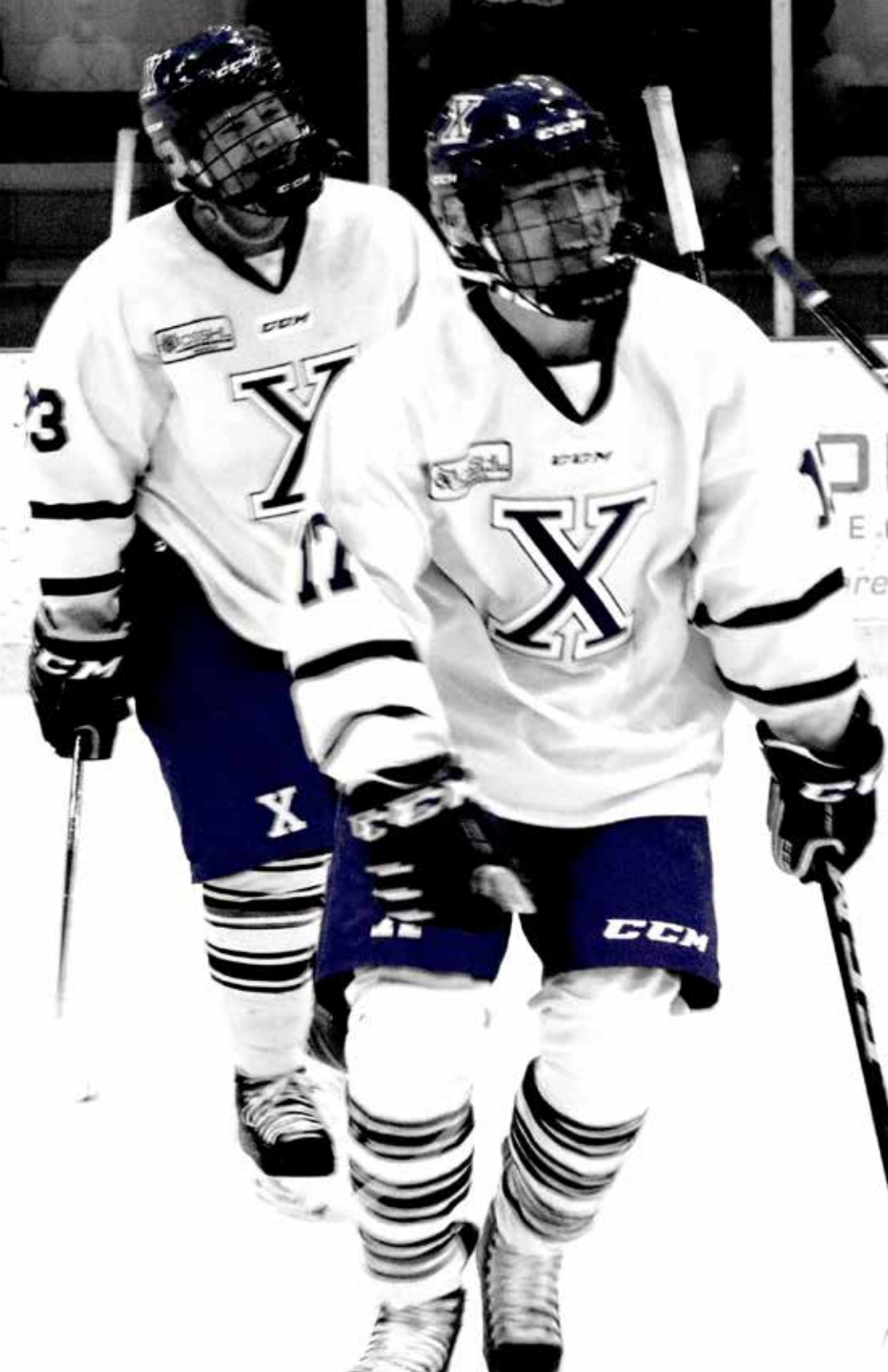


NAX

NORTHERN ALBERTA XTREME
HOCKEY ACADEMY

A black and white photograph of two ice hockey players in a physical struggle on the ice. The player on the left is wearing a dark jersey with white stripes on the sleeves and white and dark striped socks. The player on the right is wearing a light-colored jersey with dark stripes on the sleeves and dark socks. Both players are wearing helmets and holding hockey sticks. A referee in a striped shirt is partially visible on the right side of the frame. The background shows a blurred rink and boards.

**NORTHERN ALBERTA XTREME'S
MISSION IS TO PROVIDE A SUPPORTIVE
LEARNING ENVIRONMENT THAT STRIVES
FOR EXCELLENCE IN ACADEMICS
AND ATHLETICS**



MESSAGE FROM THE PRESIDENT & DIRECTOR JASON STEWART

On behalf of Dynamic Hockey Development and the Northern Alberta Xtreme, I am very excited to welcome everyone to the Female and Male Team Programs. It is with great enthusiasm that I look forward to another season filled with tremendous competition as an Elite Hockey Program in Western Canada. Our young student-athletes compete against some of the most prestigious hockey organizations across North America and it is our goal to help each and every athlete in their pursuit of excellence and to assist them in their advancement to the next level. Competing in the Canadian Sports School Hockey League (CSSHL) for both our Female and Male Teams provides us tremendous opportunity to further establish the Xtreme program name as a premier hockey program in Western Canada. On behalf of the entire hockey staff, I wish to thank everyone for continuing to support the Northern Alberta Xtreme. I would like to thank our partners in the community (Town of Devon) and our partners in Education (Black Gold School District's John Maland High School and Riverview Middle School)



CORE VALUES

COMMUNITY

To maintain our standing and be a positive member of Hockey Canada/Hockey Alberta/Canadian Sports School Hockey League along with the Black Gold School District and Town of Devon.

RESPECT

We will maintain the well-being of our student-athletes and staff by focusing on them at the core of every decision. We will also keep at the forefront an understanding and appreciation of respect for each individual member's contribution to the environment of the organization.

TRADITION

To build and maintain a sense of pride within the community, school district and organization by maintaining a proud history of success in academics and athletics.

CHARACTER

To positively impact and maintain a strong foundation of the mental, physical, emotional and moral qualities of each student-athlete within our organization.

GOALS

- To provide a Safe, Fun and Competitive learning environment for all student-athletes.
- To provide opportunities that support further development and positive self-growth.
- To enhance character development through the emotional, physical and mental benefits of sport.



THE NORTHERN ALBERTA XTREME (NAX) PROGRAM WAS LAUNCHED IN 2013 BY JASON STEWART WITH THE CREATION OF THE FEMALE PROGRAM. OVER THE YEARS THE DEVON, AB AREA PROGRAM HAS EXPANDED TO ITS PRESENT-DAY STAGE OF SIX TEAMS.

CURRENT TEAMS:

FEMALE U18 PREP

U18 PREP

U17 PREP TRAVEL

U16 PREP

U15 PREP

U15

U18 FEMALE PREP

2017 - 2018

League Semi-Finalists

2013-
2014

Program
launched

2013-
2016

Coach:
Leah Copeland

2016-
2017

Joins CSSHL

2016-
2019

Coach:
Cassea Schols

2019-
2021

Coach:
Tyrel Spitzer

2021-
2022

Coach:
Steve March

2022-
PRESENT

Coach:
Chris Dingman

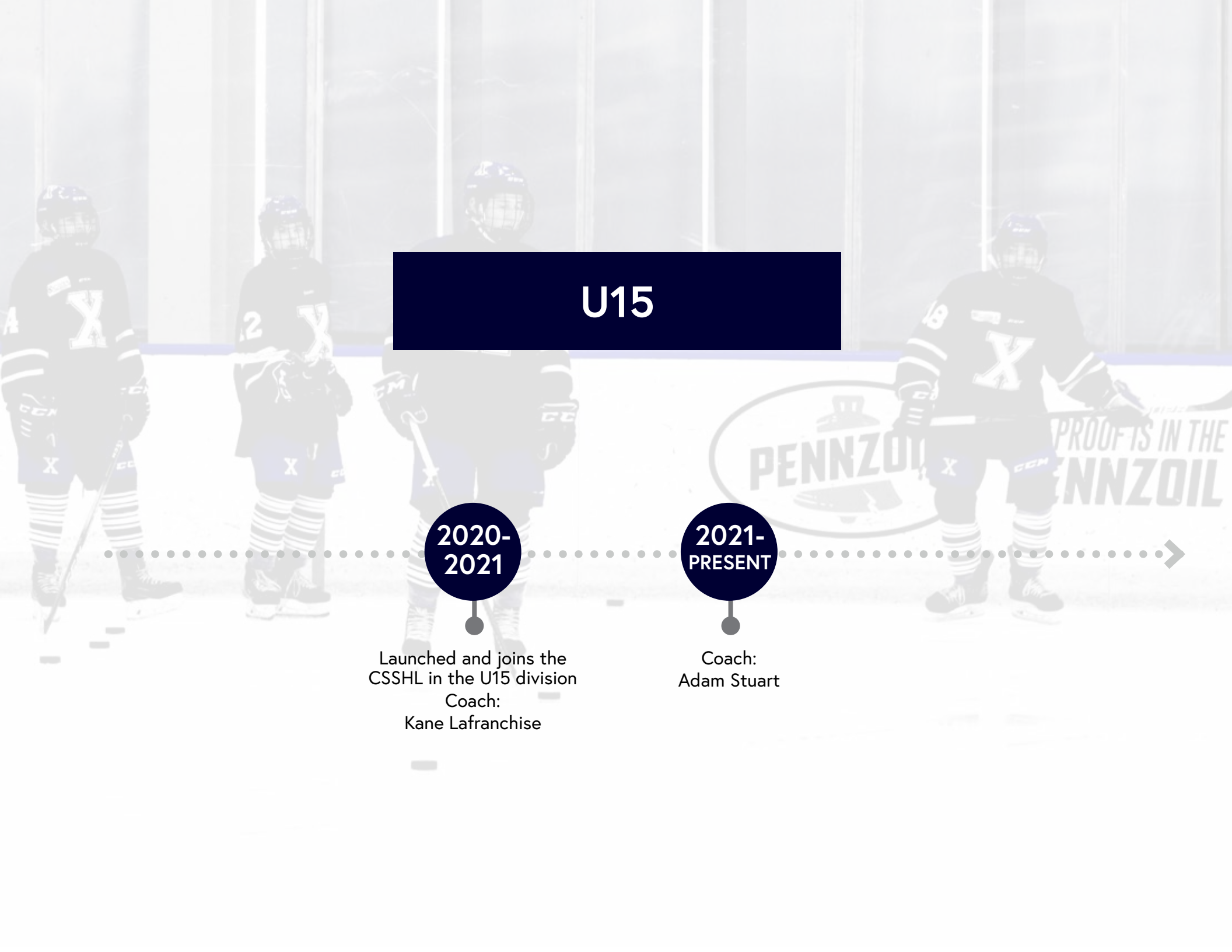
U15

2020-
2021

Launched and joins the
CSSHL in the U15 division
Coach:
Kane Lafranchise

2021-
PRESENT

Coach:
Adam Stuart



U15 PREP

2017 - 2018	<i>CSSHL League Semi Finalists</i>
2018	<i>John Reid Memorial Champions Bauer Elite Invite Tournament Champions</i>
2018 - 2019	<i>CSSHL League Finalists</i>
2020	<i>Western Canadian Crown Champions</i>
2021 - 2022	<i>Canadian Crown Champions & Rocky Mountain Classic Champions CSSHL Regular Season Champions</i>

2017-
2018

Launched and joins CSSHL
in Bantam Prep division
(now U15 Prep)
Coach: Tyrel Spitzer

2018-
2019

Coach:
Garrett Meger

2019-
2021

Coach:
Steve March

2021-
PRESENT

Coach:
Brayden Toma

U16 PREP

2015 - 2016	<i>CSSHL League Champions</i>
2016 - 2017	<i>CSSHL League Finalists</i>
2017 - 2018	<i>CSSHL League Champions</i> <i>CSSHL Regular Season Champions</i>
2018 - 2019	<i>CSSHL League Champions</i> <i>Kelowna Tournament Champions</i> <i>Western Canadian Crown Champions</i>
2019 - 2020	<i>CSSHL Regular Season Champions</i> <i>Logan Boulet Memorial Champions</i> <i>Western Canadian Crown Champions</i>
2021 - 2022	<i>CSSHL League Champions</i>
2022 - 2023	<i>Transitioned to U17 Prep Team</i>

**2015-
2016**

Launched & joins
CSSHL in Elite 15s
division (now U16)
Coach:
Tyrel Spitzer

**2016-
2017**

Coach:
Jason Stewart

**2017-
2018**

Coaches:
Garrett Meger
& Steve March

**2018-
2021**

Coach:
Brayden Toma

**2021-
2022**

Coach:
Leland Mack

**2022-
PRESENT**

Coach:
Kyle Chipchura



U17 PREP TRAVEL TEAM

PRESENT

Coach:
David Schlemko

U18 PREP

2016 - 2017	<i>CSSHL League Semi Finalists</i>
2017 - 2018	<i>CSSHL League Champions</i>
2018 - 2019	<i>CSSHL League Champions</i>
2019 - 2020	<i>CSSHL Regular Season Champions</i>
2021 - 2022	<i>CSSHL Regular Season Champions</i>

**2016-
2017**

launched and joins CSSHL
in Midget Prep division
(now U18 Prep)
Coach:
Tyrel Spitzer

**2017-
PRESENT**

Coach:
Matt Tassone

PROGRAM STAFF



JASON STEWART
President



MATT TASSONE
Manager of Hockey Operations



STEVE MARCH
Recruitment and Admission



NICOLE WLASICHUK
Head Medical Coordinator and Administration

EDUCATION STAFF



PAULA SMITH
Academic Director



CHARLA CEULEMANS
Assistant Academic
Director

DEVELOPMENT & COACHING STAFF



CHRIS DINGMAN
U18 Female Prep
Head Coach



BRAYDEN TOMA
U15 Prep Head
Coach



KYLE CHIPCHURA
U17 Prep
Head Coach



ADAM STUART
U15 Coach



MATT TASSONE
U18 Prep Head
Coach



ALLEN YORK
Goalie Coach
Former Columbus Blue
Jacket



DAVID SCHLEMKO
U17 Prep
Travel Head
Coach



**KANE
LAFRANCHISE**
Head of Player
Development

ASSISTANT COACHES

Kevin Undershute U15
Jesse Dudas U15 Prep
Rob Evers U17 Prep
Tyler Palmer U17 Prep Travel
Derek Claffey U18 Prep
Steve March Female Prep

DAVE RATHJEN

Goalie Coach

BARRY BUTT


Strength and Conditioning
Coach

SKILLS COACHES

Rob Brown
Paul Manning
Jason Strudwick

MATT YAWORSKI

Athletic Therapist



WHAT DOES THE DAILY SCHEDULE LOOK LIKE FOR AN NAX STUDENT ATHLETE?


Our student athletes' practice on-ice Monday to Friday. After practice our student-athletes are transported to school where they train with Barry Butt and his Premier Strength staff four days a week. Our student-athletes then participate in the academic portion of their schedule at school in the afternoons, with a goal to have them home for dinner and evenings with their families or host-families.

SAMPLE U18 SCHEDULE

6:30am-7:00am	Pickup
7:30am-8:45am	Practice
9:30am-10:00am	Transportation to High School
10:05am-11:15am	Off Ice Training
11:15am-12:15pm	Lunch
12:20pm-1:45pm	Block 3
1:49pm-3:15pm	Block 4
3:20pm-4:45pm	Block 5

HOW MANY GAMES CAN YOUR TEAMS EXPECT TO PLAY?

Our teams play 45-55 games a season, which includes the CSSHL regular season and Championships, exhibition games and tournaments.



WHAT DOES THE ON AND OFF ICE TRAINING LOOK LIKE?

NAX incorporates a variety of technical skills coaches, along with each team coaching staff, to assist with player development in the program. Practices are designed in advanced to provide a balance between individual skill trainings (skating, shooting, passing, etc.) and team structure (systems, concepts, etc.). to ensure our student-athletes can achieve both individual and team success and growth. Off ice, each team works closely with the program's strength and conditioning coach, as well as various other off ice seminars such as video work, mental training and nutrition.

QUICK SUMMARY

- 3 team structure practices per week on ice
- 2 technical skills and skating practices per week
- Weekly video sessions
- Monthly well-being sessions
- 45-55 games



RESIDENTIAL LIFE

DO YOU OFFER A BILLETING PROGRAM OR A DORMITORY FOR NON-LOCAL STUDENT ATHLETES?

Our billet program is designed to copy that of many of the top junior teams in Alberta. Student-athletes requiring billets are encouraged to stay with family or friends if possible, but we understand this isn't always an option. If a student-athlete does not have family or friends to stay with, we help set them up with one of our host-families, allowing both parties to meet and decide whether it will be a good fit before any commitments are made. It is important to us that both the student-athlete, their family, and the host-family all feel comfortable in the situation.

WHAT KIND OF LIFE SKILLS TO THE STUDENT ATHLETES LEARN BY LIVING WITH BILLETS?

As our student-athletes progress to Junior/University, staying at home is often no longer an option and billeting or dorm rooms are required. Our billet program allows our student-athletes the ability to prepare for these challenges at a younger age, while their support system is still strong. Our student-athletes learn respect for others and their homes, independence, how to operate in a new environment, and the importance of family and structure. Our student-athletes also build lifelong connections with their billet families.



STUDENT ATHLETE HEALTH

How are injuries and sick student athletes monitored? University of Alberta Sport Performance Coach and Rehabilitation Specialist Matt Yaworski is a Certified Strength and Conditioning Specialist and Certified Athletic Therapist. He is present at our facilities every week and either works with our student-athletes or directs them to the appropriate specialist based on his assessment. The program employs Nicole Wlasichuk (Certified EMR and a Bachelor's Degree in Kinesiology) to handle all game day, and day to day training needs.

FACILITIES

NAX currently uses Dale Fisher Arena (Devon, AB) and River Cree Twin Arenas (Edmonton, AB) for on-ice training. Our student athletes attend John Maland High School and Riverview Junior High, with all off-ice training taking place at John Maland.

CSSHL

LEAGUE MISSION STATEMENT TO BE NATIONAL LEADERS IN EDUCATION-BASED HOCKEY

In 2009, five like-minded Hockey Canada Sport Schools came together to launch the Canadian Sport School Hockey League. Their vision was to establish a league designed specifically for elite level hockey players, give these athletes an opportunity to increase their skills on and off the ice, and provide athletes with a high level of competition as well as exposure.



ACADEMICS

When the CSSHL was founded in 2009, the focus was not only placed on hockey but that education of young athletes is of the utmost importance. Our programs have a structured yet supportive environment to help balance academic work loads.

With the uniquely structured academics and learned time management skills, the student athlete has the opportunity to chase their goals without compromising their education.

DEVELOPMENT

The majority of games in the CSSHL take place on weekends, in a showcase format. Programs in each division take turns hosting these Showcase Weekends, which sees multiple teams in one location playing multiple games. This format cuts down on travel time, as well as school days missed. Teams will also play a small number of flex games through the season on non-showcase weekends.

Although it varies with each program, our students are on the ice almost every day. During the week, players take part in structural practices and skill development sessions. Each team works closely with their respective program's strength and conditioning coach, as well as various other off ice seminars such as video work, mental training and nutrition.

CHARACTER AND CITIZENSHIP

Players come from all over the world to join CSSHL programs. During the 2015-16 season, we had players from 18 countries compete, including eight Canadian provinces, all three Canadian territories and 11 American states.

The CSSHL prides itself on not only developing players on the ice, but also inspiring them off the ice. Players leave our programs prepared for the next step in their life, whether it be post-secondary education, the work force, or wherever their path may take them. Off-ice conduct is taken very seriously in the CSSHL, from appearance to behaviour. Because of the standards we keep, we feel our players come to us as teenagers, but leave as young adults.



EDUCATION

**PARTNER SCHOOL (GRADES 10-12):
JOHN MALAND HIGH SCHOOL**

**PARTNER SCHOOL (GRADE 8-9):
RIVERVIEW JUNIOR HIGH SCHOOL**

WHAT ARE SOME OF THE THINGS YOUR PROGRAM DOES TO PROVIDE EDUCATIONAL SUPPORT?

Our student-athletes integrate into classes at both John Maland High School and Riverview Middle School. To ensure education does not get lost in the background, NAX incorporates an Academic Director Paula Smith at John Maland High School and Charla Ceulemans at Riverview Middle School who work to ensure that both the long-term and short-term academic planning for our student-athletes is properly organized. Small classes, strong and supportive teachers often travel on the road with our teams to ensure our student-athletes receive plenty of quality instruction from their teachers. While traveling, study halls are scheduled daily to ensure our student-athletes have time to make up for missed class time. All team practices and game schedules work specifically with the educational commitments and expectations of our student-athletes and it is our expectation that all teams within our program be finished their daily routines (school and hockey) by 5:00pm each day; thereby, allowing student-athletes some much needed time for proper rest and the ability to maintain a 'LIFE' away from the rink.

HOW ARE GRADES MONITORED AND HOW OFTEN?

Our coaches communicate every week with both teachers and the student-athletes themselves to ensure the student-athlete is continuing to excel to their highest level in the classroom. Our Director of Academics also ensures that each of our athletes is on top of their academics by regularly monitoring and communicating with teachers and students.

HOW ARE COURSES AND THE GRADUATION PATH FOR STUDENT ATHLETES CHOSEN?

Academic Director Paula Smith sits down with each and every student-athlete when they join the program to map out a graduation plan specific to that student-athletes needs and goals. John Maland High School is also recognized as an official SAT Test Writing Center.

DO YOU HAVE AN ACADEMIC PROBATION POLICY?

NAX works efficiently to track the progress of our student-athletes in all of their classes. We do not ask our student-athletes to reach or maintain a specific overall grade average. Instead we expect and require them to meet or exceed their academic standard to the best of their ability. A failure to do so results in missed practices or games until the student-athlete meets their individual standards.

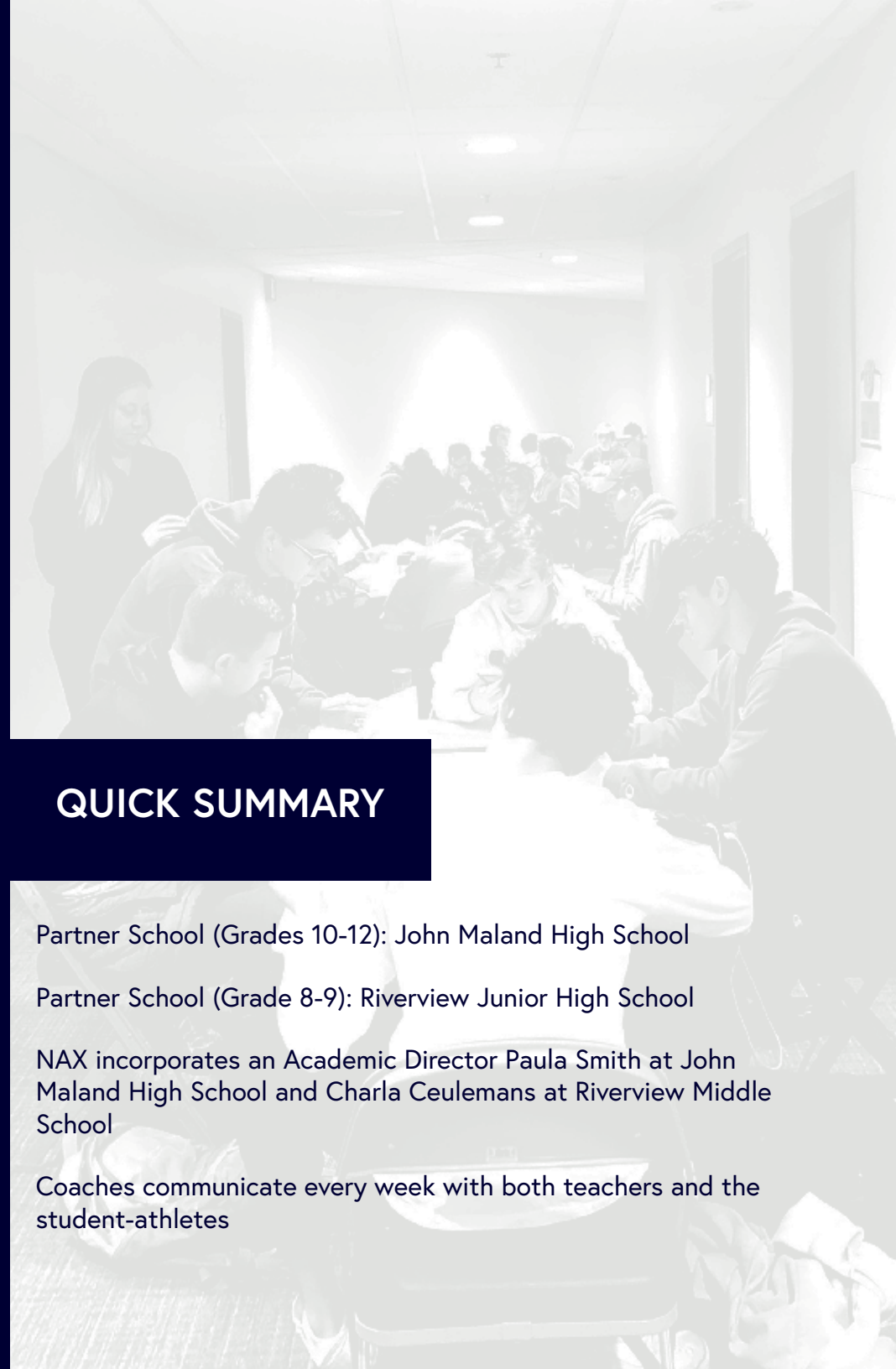
QUICK SUMMARY

Partner School (Grades 10-12): John Maland High School

Partner School (Grade 8-9): Riverview Junior High School

NAX incorporates an Academic Director Paula Smith at John Maland High School and Charla Ceulemans at Riverview Middle School

Coaches communicate every week with both teachers and the student-athletes



NAX ACADEMIC TESTIMONIALS



ALEXA MCMILLAN
Former NAX Defenseman

I was in the Northern Alberta Xtreme program for three years from grade 10 to grade 12. Prior to coming to NAX I was in French Immersion, so the transition from French to English was something that I had to overcome.

I feel that I was very well supported in my academics at NAX because I had many resources to help me out between Paula Smith, the staff at John Maland High School and my coaches. Paula was the main link between the school and the coaches, ensuring that everyone was always on the same page. Having the coaches in class on Friday mornings also helped encourage communication.

Before leaving for a trip we had our teachers fill out a sheet of what we would be missing, which was then verified by Paula. Occasionally, she would proctor exams for us on the road, and otherwise we would make up exams during lunch, in class, or after school upon our return. Marks are updated on PowerSchool regularly, which are available to Paula, each player and their parents.

When I joined the program, one of the things that appealed to me was the combination of school and hockey. With school and hockey being combined, I was able to earn credits for my training. Moreover, I would have more time in the evening to do my schoolwork because I was not having late night practices like I would with a regular team. I think that the biggest difference for me compared to previous schooling was going to school with my teammates. As players going to school together, we were able to lean on each other for support.

I think that my academic interests and abilities remained high during my time at NAX because the program helped to support me.

I am currently pursuing a Bachelor of Commerce degree at Saint Mary's University on a hockey scholarship. I feel that the academic system at NAX was instrumental in my preparation for University and has been an integral part of my academic success. The combination of school and hockey forces time-management and teaches players how to balance academics and athletics. Missing class for travel was challenging, but I think that it has made the transition to be a university level student-athlete smoother. I learned how to manage my time and get work done on the road, skills which I have continued to apply now in University.

I am very grateful for my time at NAX and feel that it has significantly contributed to my academic success, and development as a person. John Maland High School is a great environment and the staff are committed to helping players academically.



MICHAEL BENNING

The big difference between the NAX academic structure and Michael's previous schooling has been Paula Smith, the academic director. We did not have this kind of resource in the public-school system. It is unique that they employ an academic director that works closely with each athlete to help facilitate academic success. Paula has been excellent. When Michael has had difficulties in a class, there has been good coordinated feedback from both Paula and the teachers. Paula is very caring and very firm. I believe that this combination has earned her the respect of the athletes. She knows each athlete/student very well and goes out of her way to help them achieve their academic goals. From daily help with homework, to counselling about which courses to take, to just being a solid every day advocate for the athletes. The coaches and Paula collaborate extremely well to make sure the boys have academic success.

My main concern when Michael joined NAX was that he would miss classes and fall behind in his school work, but the program always brought an education liaison on the road with the team to ensure that the athletes did not fall behind on their academics. As well, designated study hall is incorporated within their hockey schedules to help facilitate academic success. I think having a teacher travel with them and having designated study hall prevented Michael from falling behind.

The schedule and the way NAX approach schooling closely mimics how things are done at the College level: practice during the week, attend classes, and play on the weekend. It's a vigorous schedule and I think the program does a great job of keeping their athletes on a strict schedule so that they stay organized and on top of their academics. The teachers at the school are very understanding of the vigorous schedule and will accommodate the athletes by rescheduling tests and extending deadlines. It was helpful to have a structured day where he could be home early, eat dinner, and have the rest of the evening to either do homework or something else. There has been a big improvement in Michael in that he makes his academics more of a priority than he has in the past. Part of that is he has learned much better time management.

Caroline Benning, Parent of Michael Benning



ALUMNI INCLUDE

Alex Spence
Alexa McMillan
Elizabeth Lang
Erin Fargey
Lindsay Gillis
Rylind McKinnon
Sarah Kazeil
Shae Demale
Ben Hemmerling

Carter Savoie
Charlie Wright
Carter Souch
Connor McClennon
Drew Sim
Dylan Guenther
Ethan Edwards
Gannon Laroque
Josh Prokop

Kyle Crnkovic
Lucas Ciona
Luke Prokop
Marc Lajoie
Matt Savoie
Michael Benning
Nate Danielson
Riley Fiddler Schultz
Tyler Palmer
Zack Ostapchuk

2020 NAX NHL DRAFT PICKS

Dylan Guenther 1st round, 9th overall - Arizona Coyotes
Matthew Savoie 1st round, 9th overall - Buffalo Sabres
Zack Ostapchuk 2nd round, 39th overall - Ottawa Senators
Luke Prokop 3rd round, 73rd overall - Nashville Predators
Michael Benning 4th round, 95th overall - Florida Panthers
Carter Savoie 4th round, 100th overall - Edmonton Oilers
Gannon Laroque 4th round, 103rd overall - San Jose Sharks
Ethan Edwards 4th round, 120th overall - New Jersey Devils
Lucas Ciona 6th round, 173rd overall - Calgary Flames
Ben Hemmerling 6th Round 177th overall - Vegas Golden Knights
Connor McClennon 6th round, 178th overall - Philadelphia Flyers



FEES

WHAT IS INCLUDED IN THE PRICE TO ATTEND THE NAX?

Our current cost for the NAX program is \$22,000 plus GST. This includes games, practices, tournaments, all travel re-lated costs, and apparel and equipment such as gloves, helmets, pant shells, and bags. As not all of our student-athletes require billets, this is a separate cost between the host-family and student athletes family (on average \$400-\$600 a month).

CONTACT

Website: www.naxhockey.com

Email: info@naxhockey.com