

DYNAMIC HOCKEY DEVELOPMENT



Program Mission

Dynamic Hockey Development is dedicated to developing young athletes into great people on and off the ice through our years of playing and coaching experience. Every athlete in our program is on a level playing field, regardless of skill or age, and it is our priority to help them reach their individual or team goals, whatever that may be. It is also our goal to ensure all of our athletes are provided the foundation for long-term success.

Who We Are?

Our staff has more than 15 years combined of professional hockey experience, from the SPHL to the AHL. Our playing experience allows us the ability to share our own learned information on how players can develop and get where they want to go. Having lived through it first hand, we understand what it takes, the dedication required and how to hand yourself on and off the ice. Our staff has more than 58 years combined of coaching experience, ranging from U9 minor hockey to U18 AAA levels. Lastly, our staff has hundreds of hours of video instruction in a coaching role, as well as hundreds of hours of video sessions as former players.

THE DYNAMIC DIFFERENCE

Our focus as a staff is the attention to detail and the little things that make up the game of hockey. As former players we are passionate about passing on our knowledge and teaching the **WHY**, not just the **how**, to players understand why drills and progressions translate into real, game-like situations. We believe in the importance in valuing technical skills over tactical skills and help players understand the movements and various forms of body control through these skills such as edge work, weight shift, body rotation, hip alignment, and how they translate to the tactical skills so players can gain an advantage in game-like situations. Our programs are designed with a purpose where repetition and areas of focus are transferrable and beneficial long-term. Lastly, we have a realistic player to instructor ratio which allows for more repetitions per player and the ability for our staff to give feedback more often for corrections to be made. Our focus is development, which is best achieved through teaching and meaningful repetition.

Which Program Best Suits You?



Gold Package (20 Skates)

- Six (6) tactical skating and goalie specific instructional skates
- Advanced Shooting Session
- Technical Skills Sessions (shooting, passing, puck control, etc.)
- Position Specific Work (*Two Dynamic instructors per session)
- Dynamic Development Program created by our staff with the ability to change sessions based off of coach request or group needs. (*Skills deficiencies addressed)
- Game-like situational teaching



Silver Package (15 Skates)

- Four (4) Technical skating and goalie specific instructional skates
- Technical Skills Sessions (shooting, passing, puck control, etc.)
- Position Specific Work (*Two Dynamic instructors per session)
- Dynamic Development Program created by our staff



Bronze Package (10 Skates)

- Three (3) Technical skating and goalie specific instructional skates
- Technical Skills Sessions (shooting, passing, puck control, etc.)
- Dynamic Development Program created by our staff

Coaches Package (Negotiated Session Amount)

- Using our experience to help coaches create level appropriate weekly, monthly, or yearly plans. This can be done through practice plan preparation where drills are designed to work on the coach's goal within their desired structure.
- Help coaches plan skill development sessions that will translate into team structure. Whether that be position specific work, or small area drills that work into the system, everything is done with a purpose.
- Ability to review team games through video
- Coaches can also attend games if the schedule allows us to give guidance from their perspective

Please contact Dynamic Hockey Development at dynamichky@hotmail.com for pricing