

NAX November Newsletter

NAX Alumni Spotlight:

This month's alumni spotlight player is Marc Pasemko of the AJHL's Okotoks Oilers. Now in his third season with the Oilers, Marc has 14 goals, 23 assists and 37 points in 30 games, good enough for 16th in the AJHL. In 149 career AJHL games Marc has 37 goals and 82 assists for a total of 119 points. Marc spent the 2016/17 season with the NAX Midget Prep team recording 37 points in 26 games.



Marc Pasemko, now of the Okotoks Oilers, spent the 2016/17 season with the NAX Midget Prep team.

Around the Rink:

The Northern Alberta Xtreme are looking to expand our athletic family and add a baseball and golf program. If you or anyone you know is interested in joining the program either as a coach or student-athlete please contact NAX Program Director Jason Stewart.

98 former NAX players currently find themselves on junior or university/college rosters this season with the following breakdown:

- 35 AJHL
- 17 WHL
- 11 U Sports
- 11 ACAC
- 5 CapJHL
- 3 ACHA/SJHL
- 2 AJFHL/MJHL/MJHL
- 1 BCHL/KIJHL/NOJHL/NWJHL/VIHHL/NCAA Div 1/NCAA Div 3

The following current and former NAX players made their junior debuts in November:

- Brett Hyland (NAX 2017/18) – Sherwood Park Crusaders/AJHL
- Dylan Leslie (Midget Prep) – Whitecourt Wolverines/AJHL
- Gannon Laroque (Midget Prep) – Fort McMurray Oil Barons/AJHL
- Jacob Romanchuk (NAX 2017/18-18/19) - Fort McMurray Oil Barons/AJHL
- Warren Marcotte (Midget Prep) – Whitecourt Wolverines/AJHL

The following current and former NAX players scored their first junior goals in November:

- Cameron Critch (NAX 2016/17-18/19) – Winkler Flyers/MJHL
- Raphael Pelletier (NAX 2017/18-18/19) – Swift Current Broncos/WHL

Seven NAX alumni are currently ranked by the NHL Central Scouting Players to Watch List for the 2020 NHL Draft:

- Carter Savoie (NAX 2017/18) – Sherwood Park Crusaders/AJHL
- Carter Souch (NAX 2016/17-17/18) – Edmonton Oil Kings/WHL
- Connor McClennon (NAX 2017/18) – Winnipeg Ice/WHL
- Ethan Edwards (NAX 2017/18-18/19) – Spruce Grove Saints/AJHL
- Kyle Crnkovic (NAX 2017/18) – Saskatoon Blades/WHL
- Luke Prokop (NAX 2017/18) – Calgary Hitmen/WHL
- Michael Benning (NAX 2017/18) – Sherwood Park Crusaders/AJHL

Elite 15s forward Billal Noori signed his WHL Standard Player Agreement with the Calgary Hitmen on November 2, becoming the second Elite 15s skater to sign a WHL SPA this season.

On November 4, Kaleb Ergang (Whitecourt Wolverines/AJHL) was named the October KalTire Wolverines Player of the Month.

Former two-year NAX forwards Dylan Guenther (Edmonton Oil Kings/WHL) and Matt Savoie (Winnipeg Ice/WHL) finished fourth at the World U17 tournament as Canada White lost in the bronze medal game in overtime. Guenther finished the tournament with three goals in six games while Savoie picked up a total of six points.

Spruce Grove Saints defenseman Ethan Edwards was named the Alberta Ford Dealers AJHL Defensive Player of the Week on November 25. Edwards currently has 18 points in 28 games this season.

Connor McClennon of the Winnipeg Ice recorded his first career WHL hattrick on Saturday, November 30. It was his fifth career multi-goal game.

Liam McGarva (La Ronge Ice Wolves/SJHL) was named the SJHL Goalie of the Month for November after he posted an 8-1-1 record. McGarva was also named SJHL Goaltender of the Week on November 4 and currently leads the SJHL in saves with 743.

Carter Savoie, Ethan Edwards and Michael Benning were all selected to represent Team Canada West at the 2019 World Junior A Challenge in Dawson Creek. NAX goalie coach Allen York is part of the staff that will coach Canada West in December.

Former Midget Prep defenseman Luke Prokop played in his 100th career WHL game on Saturday, November 30 for the Calgary Hitmen.

Congratulations to Female Prep student-athlete Sadie Makokis on being selected to represent Zone 7 at the 2020 Alberta Winter Games.

Bantam Prep

At the end of November, the Bantam Preps sit fourth in league standings with a record of 8W-1L-3OTW-2OTL.

Here's how the month of November played out for the Bantam Preps:

DATE	TIME	AWAY	HOME	LOCATION	SITE		
Sat, Nov. 16	8:45A MT	OHA Edmonton	1	Northern Alberta	7	River Cree Twin Rinks	South
Sun, Nov. 17	2:30P MT	Northern Alberta	3	OHA Edmonton	4SO	Royal Glenora Club	-
Fri, Nov. 22	5:00P MT	Pacific Coast	0	Northern Alberta	5	River Cree Twin Rinks	South
Sat, Nov. 23	12:15P MT	Northern Alberta	6	Shawnigan	1	River Cree Twin Rinks	South
Sun, Nov. 24	1:15P MT	West Van	2	Northern Alberta	7	River Cree Twin Rinks	South

The Bantam Preps only action this month will be a three-game showcase in Penticton:

DATE	TIME	AWAY	HOME	LOCATION
Fri, Dec. 13	7:15P PT	Northern Alberta	West Van	Okanagan Hockey Training Centre
Sat, Dec. 14	2:00P PT	Okanagan	Northern Alberta	Okanagan Hockey Training Centre
Sun, Dec. 15	1:15P PT	Northern Alberta	Pursuit	Okanagan Hockey Training Centre

Elite 15s:

The Elite 15s currently sit first in the league with a record of 17W-5L-1OTW-0OTL. At practice the team has worked on finding new ways to create team offense both at five-on-five and on the powerplay. Forwards focused on back tracking, forecheck, and cleaning up neutral zone routes, along with spending time with the skills coaches to work on rebounds/scramble play offense, and hands in tight. Defenseman have been tasked with increasing their connection to plays (surfing) in the offensive and neutral zone to eliminate opponents time and space, stick on stick/body on body defense, and quick decisions with the puck and eliminating over stickhandling. As a whole the team was challenged to increase their compete/intensity as well as consistency in order to become 'everyday players.'



Winnipeg Ice scout Ryan Guenter stopped by to share some of his experiences and talk to the Elite 15s about culture and the difference between fixed vs growth mindset.

Here's how the month of November played out for the Elite 15s:

DATE	TIME	AWAY	HOME	LOCATION	SITE
Fri, Nov. 1	3:00P CT	Northern Alberta	1 Prairie	3 Duncan McNeill Arena	-
Sat, Nov. 2	1:30P CT	Rink	4 Northern Alberta	6 Duncan McNeill Arena	-
Sun, Nov. 3	1:00P CT	Northern Alberta	3 Notre Dame	5 Duncan McNeill Arena	-
Fri, Nov. 8	5:00P CT	Northern Alberta	4 Notre Dame	0 Duncan McNeill Arena	-
Sat, Nov. 9	7:00P CT	Northern Alberta	2 Prairie	4 Barkman Arena	-
Sun, Nov. 10	10:00A CT	Northern Alberta	4 Prairie	2 Barkman Arena	-
Mon, Nov. 11	2:00P CT	Northern Alberta	5 Notre Dame	3 Duncan McNeill Arena	-
Sat, Nov. 16	12:00P MT	Edge	4 Northern Alberta	5 River Cree Twin Rinks	South
Sun, Nov. 17	1:00P MT	Northern Alberta	4 Edge	1 Edge School	Kyle Stuart Arena
Fri, Nov. 29	10:15A PT	Northern Alberta	5 Yale	1 Summit Centre	East
Sat, Nov. 30	2:30P PT	Pacific Coast	0 Northern Alberta	7 Summit Centre	East

December sees the Elite 15s visit Winnipeg, and host their own home-showcase right before the Christmas break:

DATE	TIME	AWAY	HOME	LOCATION	SITE
Sun, Dec. 1	8:45A PT	Northern Alberta	5 Burnaby	1 Summit Centre	West
Sat, Dec. 7	4:45P CT	Northern Alberta	2 Rink	4 RINK Training Centre	-
Sun, Dec. 8	10:15A CT	Northern Alberta	6 Rink	2 RINK Training Centre	-
Fri, Dec. 13	11:30A MT	Prairie	Northern Alberta	River Cree Twin Rinks	South
Sat, Dec. 14	9:30A MT	Northern Alberta	Notre Dame	River Cree Twin Rinks	South
Sun, Dec. 15	8:15A MT	Rink	Northern Alberta	River Cree Twin Rinks	South

Female Prep:

The Female Preps currently sit in sixth in league play with a record of 4W-6L-0-0. November saw the Female Preps play a three-game showcase in Winnipeg and a home-and-home with Edge.

Here's how the month of November played out for the Female Preps:

DATE	TIME	AWAY	HOME	LOCATION	SITE
Fri, Nov. 15	2:15P CT	Shawnigan	5 Northern Alberta	3 Bell MTS Iceplex	Re/Max
Sat, Nov. 16	10:30A CT	Northern Alberta	0 Pursuit	2 Bell MTS Iceplex	Canadian Tire
Sun, Nov. 17	8:00A CT	Okanagan	2 Northern Alberta	1 Bell MTS Iceplex	Canadian Tire
Fri, Nov. 22	4:00P MT	Northern Alberta	0 Edge	3 Edge School	Kyle Stuart Arena
Sat, Nov. 23	4:45P MT	Northern Alberta	10 Banff	1 Banff Recreation Centre	-

The Female Prep team plays five league games in December against two teams:

DATE	TIME	AWAY	HOME	LOCATION	SITE
Fri, Dec. 13	5:15P MT	Edge	Northern Alberta	River Cree Twin Rinks	North
Sat, Dec. 14	12:15P MT	Edge	Northern Alberta	River Cree Twin Rinks	North
Fri, Dec. 20	4:45P CT	Northern Alberta	St. Mary's	Bell MTS Iceplex	ACU
Sat, Dec. 21	8:00A CT	St. Mary's	Northern Alberta	Bell MTS Iceplex	Canadian Tire
Sat, Dec. 21	3:45P CT	Northern Alberta	St. Mary's	Bell MTS Iceplex	Canadian Tire

Midget Prep:

The Midget Preps won all six games in November and currently sit second with a record of 15W-1L-1OTW-0, good enough for the best winning percentage in their league. In November the Midget Preps have been focusing on team play, working on their penalty kill and powerplay, designed plays and structure. In skills practices the defensemen have been focusing on getting pucks through to the net, activating on rushes, having a tight gap and staying connected to the play. The forwards have keyed in on low to high plays, picking up pucks off walls, and shot placement. The goalies have been working with Allen York on tracking, a lot of in tight hand usage rotation, read based drills, save mechanics and butterfly mechanics. Overall Head Coach Matt Tassone is impressed with the group noting they are great character kids both on and off the ice. The group has fun and enjoys their time together, but when it comes to putting in the work, they keep each other honest and push each other to be there best.

Here's how the month of November played out for the Midget Preps:

DATE	TIME	AWAY	HOME	LOCATION	SITE		
Sat, Nov. 9	2:15P MT	Northern Alberta	4SO	OHA Edmonton	3	Royal Glenora Club	-
Fri, Nov. 15	12:00P PT	Northern Alberta	3	Pacific Coast	2	Westhills Arena	-
Sat, Nov. 16	3:30P PT	West Van	2	Northern Alberta	5	Westhills Arena	-
Sun, Nov. 17	12:45P PT	Northern Alberta	2	Shawnigan	0	Westhills Arena	-
Fri, Nov. 22	8:00P MT	Rink	3	Northern Alberta	5	River Cree Twin Rinks	South
Sat, Nov. 23	2:45P MT	Rink	4	Northern Alberta	10	River Cree Twin Rinks	South

The Midget Preps play four games in December as they host a showcase and play their annual mid-day game at the Dale Fisher Arena in front of John Maland High School students and teachers on December 20:

DATE	TIME	AWAY	HOME	LOCATION	SITE
Fri, Dec. 13	2:00P MT	IHA	Northern Alberta	River Cree Twin Rinks	South
Sat, Dec. 14	3:30P MT	Banff	Northern Alberta	River Cree Twin Rinks	South
Sun, Dec. 15	1:15P MT	Edge	Northern Alberta	River Cree Twin Rinks	South
Fri, Dec. 20	1:00P	OHA Edmonton	Northern Alberta	Dale Fisher Arena	